



GALATIANS

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FIGHTING for  
the GOSPEL

A Verse-by-Verse Study

## Galatians 5: 22 (NASB)

*But the fruit of the Spirit is love, joy,  
peace, patience, kindness,  
goodness, faithfulness,*

What is  
peace?



# Peace

Greek: An emotional wealth  
eiréné

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A quietness

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A mind at rest

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To be in agreement

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How do we  
get this  
peace?





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Turn to:  
Philippians 4: 6-7



## Philippians 4: 6-7 (NIV)

**Do not be anxious about anything**, but in every situation, by prayer and petition, with thanksgiving, present your requests to God.

## Philippians 4: 6-7 (NIV)

*And the peace of God, which transcends all understanding, will guard your hearts and your minds in Christ Jesus.*



How does  
peace guard  
our hearts  
and minds?



Peace is not the absence of  
conflict, but the absence of  
fear!



## Galatians 5: 22 (NASB)

*But the fruit of the Spirit is love, joy,  
peace, patience, kindness,  
goodness, faithfulness,*

What is  
patience?



# Patience

Greek:  
makrothumia

Longsuffering (waiting sufficient time before expressing anger)

A patience that bears up under pressure

A willingness to endure an adverse situation

Enduring well in difficult times

How do we  
get this  
patience?





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Turn to:  
James 1: 2-4



## James 1: 2-4 (NKJV)

*My brethren, count it all joy when you fall into various trials,*

## James 1: 2-4 (NKJV)

*knowing that the testing of your faith produces patience. But let patience have its perfect work, that you may be perfect and complete, lacking nothing*

## Galatians 5: 22 (NASB)

*But the fruit of the Spirit is love, joy,  
peace, patience, kindness,  
goodness, faithfulness,*

What is  
kindness?



# Kindness

Greek:  
chréstotés

Moral excellence

A Christ-like character or attitude

Having a tender heart towards others

Meeting others needs, in Christ's way

How did Jesus  
show  
kindness?





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Turn to:  
Matthew 11: 28-30



## Matthew 11: 28-30 (NIV)

*“Come to me, all you who are weary and burdened, and I will give you rest. Take my yoke upon you and learn from me, for I am gentle and humble in heart, and you will find rest for your souls. For my yoke is easy and my burden is light.”*



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Turn to:  
Ephesians 2: 1-7

## Matthew 11: 28-30 (NIV)

*“Come to me, all you who are weary and burdened, and I will give you rest. Take my yoke upon you and learn from me, for I am gentle and humble in heart, and you will find rest for your souls. For my yoke is easy and my burden is light.”*

## Ephesians 2: 1-7 (NIV)

*As for you, you were dead in your transgressions and sins, in which you used to live when you followed the ways of this world and of the ruler of the kingdom of the air, the spirit who is now at work in those who are disobedient.*

## Ephesians 2: 1-7 (NIV)

*All of us also lived among them at one time, gratifying the cravings of our flesh and following its desires and thoughts. Like the rest, we were by nature deserving of wrath.*

## Ephesians 2: 1-7 (NIV)

*But because of his great love for us, God, who is rich in mercy, made us alive with Christ even when we were dead in transgressions—it is by grace you have been saved.*

## Ephesians 2: 1-7 (NIV)

*God raised us up with Christ and seated us with him in the heavenly realms in Christ Jesus,*



## Ephesians 2: 1-7 (NIV)

*in order that in the coming ages he might show the incomparable riches of his grace, expressed in his kindness to us in Christ Jesus.*

## Galatians 5: 22 (NASB)

*But the fruit of the Spirit is love, joy,  
peace, patience, kindness,  
goodness, faithfulness,*

What is  
goodness?



# Goodness

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Greek:  
agathosune

Benevolent

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The bestowing of blessings

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The desire to see others well off  
and comfortable

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When should  
we express  
goodness?





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Turn to:  
Galatians 6: 10

## Galatians 6: 10 (NIV)

*Therefore, as we have opportunity, let us do good to all people, especially to those who belong to the family of believers.*

## Galatians 5: 22 (NASB)

*But the fruit of the Spirit is love, joy,  
peace, patience, kindness,  
goodness, faithfulness,*



What is  
faithfulness?



# Faithfulness

Greek:  
pistis

A deep reliance upon Christ for salvation; assurance

Confidence in something unseen or yet to come

To trust in God

How do we  
grow in our  
faithfulness?





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Turn to:  
2 Thessalonians 1: 3-11

## 2 Thessalonians 1: 3-11 (NIV)

*We ought always to thank God for you, brothers and sisters, and rightly so, **because your faith is growing more and more**, and the love all of you have for one another is increasing.*

## 2 Thessalonians 1: 3-11 (NIV)

*Therefore, among God's churches we boast about your perseverance and faith in all the persecutions and trials you are enduring.*

## 2 Thessalonians 1: 3-11 (NIV)

*All this is evidence that God's judgment is right, and as a result you will be counted worthy of the kingdom of God, for which you are suffering.*

## 2 Thessalonians 1: 3-11 (NIV)

*God is just: He will pay back trouble to those who trouble you and give relief to you who are troubled, and to us as well. This will happen when the Lord Jesus is revealed from heaven in blazing fire with his powerful angels.*



## 2 Thessalonians 1: 3-11 (NIV)

*He will punish those who do not know God and do not obey the gospel of our Lord Jesus. They will be punished with everlasting destruction and shut out from the presence of the Lord and from the glory of his might*

## 2 Thessalonians 1: 3-11 (NIV)

*on the day he comes to be glorified in his holy people and to be marveled at among all those who have believed.*

*This includes you, because you believed our testimony to you.*

## 2 Thessalonians 1: 3-11 (NIV)

*With this in mind, we constantly pray for you, that our God may make you worthy of his calling, and that by his power he may bring to fruition your every desire for goodness and your every deed prompted by faith.*

## Galatians 5: 22 (NASB)

*But the fruit of the Spirit is love, joy,  
peace, patience, kindness,  
goodness, faithfulness,*

# Galatians 5: 23 (NASB)

*gentleness*, *self-control; against such things there is no law.*

What is  
gentleness?



# Gentleness

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**Greek:** Gentle Strength- Expressing power  
**πραυτέés** with reserve and gentleness.

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Humility

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Meekness

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How do we  
grow in our  
gentleness?







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Turn to:  
Philippians 2: 5-8

## Philippians 2: 5-8 (NIV)

*In your relationships with one another,  
**have the same mindset as Christ**  
**Jesus:***

## Philippians 2: 5-8 (NIV)

*Who, being in very nature God,  
did not consider equality with  
God something to be used to his  
own advantage;*

How could  
Jesus have used  
His powers as  
God to His own  
advantage?



## Philippians 2: 5-8 (NIV)

*rather, he made himself nothing  
by taking the very nature of a  
servant,  
being made in human likeness.*

## Philippians 2: 5-8 (NIV)

*And being found in appearance as a  
man,  
he humbled himself  
by becoming obedient to death—  
even death on a cross!*

## Galatians 5: 23 (NASB)

*gentleness, self-control; against such things there is no law.*

What is self-  
control?





# Self-Control

Greek:  
egkrateia

Self-Mastery

Self-Restraint

Self-Control

How do we  
grow in our  
self-control?





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Turn to:  
2 Peter 1: 3-10

## 2 Peter 1: 3-10 (NIV)

*His divine power has given us everything we need for a godly life*  
*through our knowledge of him who called us by his own glory and goodness.*

Where do we  
get the power  
for self-control?



## 2 Peter 1: 3-10 (NIV)

*Through these he has given us his very great and precious promises, so that through them you may participate in the divine nature, having escaped the corruption in the world caused by evil desires.*

What has  
caused the  
corruption in  
the world  
today?



## 2 Peter 1: 3-10 (NIV)

***For this very reason**, make every effort to add to your faith goodness; and to goodness, knowledge; and to knowledge, **self-control**; and to self-control, perseverance; and to perseverance, godliness;*



## 2 Peter 1: 3-10 (NIV)

*and to godliness, mutual affection; and to mutual affection, love. For if you possess these qualities in increasing measure, they will keep you from being ineffective and unproductive in your knowledge of our Lord Jesus Christ.*

## 2 Peter 1: 3-10 (NIV)

*But whoever does not have them is  
nearsighted and blind, forgetting that  
they have been cleansed from their  
past sins.*

## 2 Peter 1: 3-10 (NIV)

*Therefore, my brothers and sisters, make every effort to confirm your calling and election. For if you do these things, you will never stumble, and you will receive a rich welcome into the eternal kingdom of our Lord and Savior Jesus Christ.*

How do we  
prevent  
ourselves from  
stumbling?



## Galatians 5: 22 (NASB)

*But the fruit of the Spirit is love, joy,  
peace, patience, kindness,  
goodness, faithfulness,*

## Galatians 5: 23 (NASB)

*gentleness, self-control; against  
such things there is no law.*

Why is there no  
law against the  
Fruit of the  
Spirit?



## Galatians 5: 24 (NASB)

*Now those who belong to Christ  
Jesus crucified the flesh with its  
passions and desires.*



What does it  
mean to crucify  
the flesh?





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Turn to:  
Romans 6: 1-14

## Romans 6: 1-14 (NIV)

*What shall we say, then? Shall we go on sinning so that grace may increase? By no means! We are those who have died to sin; how can we live in it any longer?*

## Romans 6: 1-14 (NIV)

*Or don't you know that all of us who were baptized into Christ Jesus were baptized into his death?*

## Romans 6: 1-14 (NIV)

*We were therefore buried with him through baptism into death in order that, just as Christ was raised from the dead through the glory of the Father, we too may live a new life.*

## Romans 6: 1-14 (NIV)

*For if we have been united with him in a death like his, we will certainly also be united with him in a resurrection like his.*

## Romans 6: 1-14 (NIV)

*For we know that **our old self was crucified with him** so that the body ruled by sin might be done away with, that we should no longer be slaves to sin— because anyone who has died has been set free from sin.*

What does it  
mean that our  
old self was  
crucified with  
Him?





## Romans 6: 1-14 (NIV)

*Now if we died with Christ, we believe that we will also live with him. For we know that since Christ was raised from the dead, he cannot die again; death no longer has mastery over him. .*

## Romans 6: 1-14 (NIV)

*The death he died, he died to sin once for all; but the life he lives, he lives to God. In the same way, count yourselves dead to sin but alive to God in Christ Jesus.*

## Romans 6: 1-14 (NIV)

*Therefore do not let sin reign in your mortal body so that you obey its evil desires. Do not offer any part of yourself to sin as an instrument of wickedness,*

## Romans 6: 1-14 (NIV)

*but rather offer yourselves to God as those who have been brought from death to life; and offer every part of yourself to him as an instrument of righteousness. For sin shall no longer be your master, **because you are not under the law, but under grace.***